

“Savvy Caregiver”

- * Managing Daily Life*
- * Getting Help*
- * Caregiver Self-Care*
- * Taking Control*
- * The Goal of Care*
- * Providing Practical Help*



Let us provide you with the tools you need as a caregiver. The main focus is on creating a strong sense of confidence in your caregiving abilities.

LVPG Geriatric Medicine
Fleming Memory Center
17th & Chew
PO Box 7017
Allentown, PA 18105-7017
610-969-3390

The Fleming Memory
Center Presents

Caregiver College



Caregiver College

Family caregivers occupy a critical place in health care and are the center of the health care system. It is through their care and dedication that keeps the person in the community for as long as possible.

Caregiver college is based on the Savvy Caregiver Program. A training program for caregivers who care for family members who have Alzheimer's or dementia related disease.

It is based on the notion that family members assume the role of caregiver and they are unprepared and untrained. The program aims to instill and increase the caregiver's ability to be a confident caregiver

A successful caregiver will learn to manage daily life with the person, find and use help with caregiving tasks and most importantly take care of themselves.

Please join us!

This is a **free 12-hour training program/course that is usually delivered in 2-hour sessions over a 6-week period:**

**Abington Manor at Morgan Hill
Senior Living
215 Cedar Park Blvd.
Easton, PA 18042**

**Tuesdays 10:00-12:00
July 11th
July 18th
July 25th
August 1st
August 8th
August 15th**



RSVP:

By Tuesday July 5th:

Wendy Scott MA, CDP

(Certified Dementia Practitioner)

Elder Life Specialist

Phone # 610-969-2278

wendy_t.scott@lvhn.org